

This is probably nothing new but it is worth remembering.

Everyone should take 5 minutes to read this. It may save your life or a love one's life...

Crucial

Because of recent abductions

in daylight hours, refresh yourself of these things to do in an emergency situation...

This is for you, and for you to share with your wife, your children, everyone you know.

After reading these **9 crucial tips**,

forward them to someone you care about.

It never hurts to be careful in this crazy world we live in.

1 Tip from *Tae Kwon Do* :

The elbow is the strongest point

on your body.
If you are close enough to use it,
do!

2 ■ Learned this from a tourist guide

in New Orleans

If a robber asks

for your wallet and/or purse,

DO NOT HAND IT TO HIM

Toss it away from you....

chances are

that he is more interested

in your wallet and/or purse

than you,

and he will go

for the wallet/purse.

RUN LIKE MAD IN THE OTHER DIRECTION!

3 ■ If you are ever thrown

into the trunk of a car,

kick out the back tail lights

and stick your arm out the hole

and start waving like crazy.

The driver won't see you,

but everybody else will.

This has saved lives.

4 ■ Women have a tendency

**to get into their cars after shopping,
eating, working, etc.,**

**and just sit (doing their checkbook,
or making a list, etc.**

DON'T DO THIS!)

**The predator
will be watching you,
and this is the perfect opportunity
for him to get in
on the passenger side,
put a gun to your head,
and tell you where to go.**

**AS SOON AS YOU GET INTO YOUR CAR ,
LOCK THE DOORS AND LEAVE.**

a. If someone

is in the car

with a gun

to your head

DO NOT DRIVE OFF,

repeat:

DO NOT DRIVE OFF!

Instead gun the engine

**and speed into anything,
wrecking the car.**

Your Air Bag will save you.

If the person is

in the back seat

they will get the worst of it .

As soon as the car crashes

bail out and run.

It is better than having them

find your body

in a remote location.

5 A few notes about getting

into your car in a parking lot,

or parking garage:

A.) Be aware:

look around you,

look into your car,

at the passenger side floor ,

and in the back seat

B.) If you are parked next to a big van,

enter your car from the passenger door .

Most serial killers attack their victims

by pulling them into their vans

while the women are attempting
to get into their cars.

C.) Look at the car
parked on the driver's side
of your vehicle,

and the passenger side.

If a male is sitting alone
in the seat nearest your car,
you may want to walk back
into the mall, or work,
and get a guard/policeman
to walk you back out.

**IT IS ALWAYS BETTER TO BE SAFE THAN SORRY.
(And better paranoid than dead..)**

6 ■ ALWAYS

**take the elevator
instead of the stairs.
(Stairwells are horrible places
to be alone
and the perfect crime spot.**

This is especially true at NIGHT!)

7 ■ If the predator has a gun

**and you are not under his control,
ALWAYS RUN!**

**The predator will only hit you
(a running target)**

4 in 100 times;

And even then,

it most likely

WILL NOT

be a vital organ.

RUN,

Preferably !

in a zig -zag pattern!

8 ■ As women,

we are always trying

to be sympathetic:

STOP

**It may get you raped,
or killed.**

**Ted Bundy,
the serial killer,
was a good-looking,
well educated man,
who ALWAYS played
on the sympathies
of unsuspecting women.**

**He walked with a cane,
or a limp,
and often asked
"for help"
into his vehicle
or with his vehicle,
which is when he abducted
his next victim.**

******* Here it is*******

9. Another Safety Point:

**Someone just told me
that her friend heard
a crying baby on her porch
the night before last,
and she called the police
because it was late
and she thought it was weird.**

The police told her

"Whatever you do,

DO NOT

open the door."

**The lady
then said that
it sounded like the baby
had crawled near a window,
and she was worried
that it would crawl
to the street**

and get run over.
The policeman said,

"We already have a unit on the way,

**whatever you do,
DO NOT open the door."**

He told her that they think
a serial killer

has a baby's cry recorded
and uses it to coax
women out of their homes
thinking that someone
dropped off a baby

He said they have not verified it,
but have had several calls
by women saying that
they hear baby's cries
outside their doors
when they're home alone
at night.

Please pass this on and

DO NOT

open the door
for a crying baby ----

This

**e-mail should probably
be taken seriously because
the Crying Baby theory
was mentioned on
America 's Most Wanted
this past Saturday
when they profiled**

the serial killer in Louisiana

I'd like you

**to forward this
to all the women you know.
It may save a life.
A candle is not dimmed
by lighting another candle.**

**I was going to send this to the ladies only,
but guys,
if you love your mothers,
wives,
sisters,
daughters, etc.,
you may want to
pass it onto them, as well.**

Send this

**to any woman you know
that may need
to be reminded
that the world we live in
has a lot of crazies in it
and it's better to be safe
than sorry.**

**Everyone should take 5 minutes to
read this. It may save your life or a
love one's life.**

